LIFEPAK CR2 DEFIBRILLATOR RESPONDING TO A CARDIAC ARREST EMERGENCY QUICK GUIDE





1 Tap the patient's shoulder and shout. A person in cardiac arrest will not respond.

Call 112 and let them know you have a person with cardiac arrest at Biomedicum floor x, while continuing with the steps below. Address (for easy ambulance access): Nobels väg 6, Solna. Official visiting address: Solnavägen 9.

- 2 Check for breathing by listening next to the patient's mouth and looking for chest movement. Use the defibrillator only if the patient is not responding, and not breathing or only gasping. If in doubt, use the defibrillator.
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- Place the defibrillator near the patient and on the side next to you. Open the lid to turn on the defibrillator. The defibrillator will guide you through the appropriate steps.
 Note: If the defibrillator does not turn on or the lid is missing, press the ON/OFF button.
- 4 Remove all clothing, including undergarments, from the patient's chest. If the chest is excessively hairy and a razor is readily available, quickly shave the hair in the area where you will place the electrode pads. If the chest is dirty or wet, wipe the chest clean and dry. If there are medicine patches on the patient's chest, remove them.





5 A voice will at this time instruct you to press the LANGUAGE button if you wish to switch to English language.



- 6 If the patient is a child less than 8 years old or who weighs less than 25 kg (55 lb), press the CHILD MODE button to enter Child mode. To switch back to Adult mode, press the CHILD MODE button again.
- 7 Pull the red handle to reveal the electrode pads.



8 Pull the loops on the electrode pads to peel the pads from the tray.





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Apply the pads to the patient's bare chest exactly as shown in the pictures on the pads. If possible, avoid placing the pads over broken skin. Be sure to press firmly so that the pads completely adhere to the patient's chest.

Note: Be sure you do not place the electrode pads over an implanted device such as implanted pacemaker or ICD. An indication of an implant is a protrusion in the chest skin and a scar. If you are in doubt, apply the pads as shown in the pictures.

Note: Ensure the pads are at least 2.5 cm (1 in) apart. If the patient's chest is too small, place the pads on the chest and back as shown in the child pictures on the pads.

10 Listen to the voice prompts and do not touch the patient unless instructed to do so.



- **11** If the defibrillator heart rhythm analysis determines that a shock is needed you will hear **EVERYONE CLEAR**, followed by one of these two options.
 - If you have a semi-automatic model, you will hear PRESS FLASHING BUTTON. Press the flashing SHOCK button to deliver a shock.
 - If you have a fully automatic model, you will hear DO NOT TOUCH PATIENT followed by DELIVERING SHOCK. The defibrillator will automatically deliver a shock without requiring further action.



12 Do not touch the patient while a shock is being delivered.

Continue to follow the voice prompts.

13 The defibrillator will instruct you to begin chest compressions. The defibrillator will provide instructions for hand placement during chest compressions, and 'tocks' at the correct compression rate. You may also be instructed to provide rescue breaths, depending on the settings for the defibrillator.

Note: Do not remove the electrode pads from the patient's chest during chest compressions.

- 14 Continue to follow the voice prompts and provide chest compressions when instructed until one of the following occurs:
 - The patient begins breathing regularly or moving
 - Emergency medical personnel arrive and tell you to stop.

Do not remove the pads or disconnect them from the defibrillator unless emergency medical personnel instruct you to do so.

For more information, see "Operating Instructions".

For questions or comments to this quick guide or the defibrillator, please contact **FM Helpdesk**.





