***Please sign the log every time you use the CMR room.***

Please keep the room clean and tidy. After each session:

* Clean and wipe off all surfaces. Change bench paper if necessary.
* Dispose of waste correctly. For example, you can use plastic bags for serological pipettes contaminated with CMR and toxic waste. Wrap it to avoid exposing other users for the waste or potential fumes and place it in the yellow waste containers for Sharp and infectious waste (small volumes of chemical waste is OK to put in the Sharp and infectious waste).
* Larger volumes of solid or liquid chemicals (more than 50ml) should always go as chemical waste.
* Use bottles with tight lids for liquid chemical waste.
* Remove excessive items from the fume hood. A crowded/full hood disturbs the ventilation and the function of the hood and might expose you to hazardous fumes.

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| **Date / time** | **Name** | **Group** | **Chemicals used** |
| *2021-09-13 / 12:00* | *Jane Doe* | *FM* | *Example, example* |
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