



### **Register for Active Bystander Training 19<sup>th</sup> May, 2025**

Have you ever been in a situation where you wanted to challenge someone's behaviour - but you didn't know how to do it?

Join us for Active Bystander Training—a practical and empowering session designed to help KI's community challenge poor behaviors and foster a more supportive environment.

The training will cover:

- Self-coaching techniques to help you keep a cool head when you're faced with a challenging situation.
- Assertive language tools, which you can use to make sure your voice is heard if you want to raise a concern

Working together, we can create a safer and more supportive environment and encourage everyone to attend.

**Date:** Monday May 19th, 2025

**Time:** 13.00–15:00

**Place:** Salen Christina Larsdotter, Berzelius väg 3, Solna

**Number of participants:** 120

*Fika served!*

**Places are limited, so register now:** <https://survey.ki.se/Active-Bystander-2025>

**Contact:** [melissa.black@ki.se](mailto:melissa.black@ki.se) and [lina.diaz@ki.se](mailto:lina.diaz@ki.se)

More information on the training: [www.activebystander.co.uk](http://www.activebystander.co.uk)