

Exercise: The Research Disseminator

Level: Basic

Duration: 35–45 minutes

Location: Canvas, Padlet, or classroom

This exercise aims to help students understand and reflect on the idea that research is an ongoing process in which findings build on each other, are challenged, and are replaced by new evidence.

Instructions:

Find a research article within your subject area. The article should not be too recent.

Divide the students into small discussion groups (2–5 people) and distribute the article (either as a printed copy or a link). Ask the students to discuss and answer the following questions:

- Who has access to the article? Is it open access?
- Is it cited elsewhere?
- Are the results used directly – and if so, where?
- Are the results used in background sections – and where? In clinical guidelines, for example?
- Has the article been shared on social media?
- Can you find articles that contradict its findings?

Follow-up:

Conclude with a full-class discussion to review and reflect on the students' findings.