

you can find information about risks and routines for the safety of pregnant women⁸. There is also information on what one should consider when working [alone](#)⁹ during evenings and weekends and rule for [children at work](#)¹⁰.

Besides this safety manual there are special introductions which have to be followed, such as for pure organic chemistry work, work in the isotope labs, handling of centrifuges, work with A-, B-listed carcinogens and CMR chemicals, etc. These instructions and the relevant risk assessments for the chemicals you are going to work with are obtained from your supervisor or from the person responsible for the room or equipment in question. Before you start working in the lab you should obtain necessary personal safety equipment, including lab coat and goggles. Lab coats are available at floor 8, near the transport elevator; goggles however must be purchased by each research group.

⁸ Pregnancy, <https://ki.se/en/staff/pregnant-and-breastfeeding-co-workers> and http://ki.se/sites/default/files/pregnant_and_breastfeeding_employees_-_support_document_for_risk_assessments.pdf

⁹ Working alone, https://ki.se/sites/default/files/ensamarbete_final.pdf (in Swedish, the English version of this document has moved to an unknown location)

¹⁰ Children at work, https://ki.se/sites/default/files/2018/06/14/minors_at_ki_.steering_document_2014.pdf