

Fact sheet for those who have completed a fixed-term employment contract lasting at least two years but no longer than three years.

Your Benefits

This fact sheet contains information about what Trygghetsstiftelsen (the Job Security Foundation) can offer those who have had a fixed-term contract lasting at least two years but not longer than three years and which has expired. The contract must have expired after 1 January 2015 when the new 'avtal om omställning' came into effect.



Jobseeker Activities and Individualised Support

Trygghetsstiftelsen supports you in your efforts to find new work.

After your employer notifies us that your contract is expiring, we can arrange a meeting with you. You will meet one of our advisors for an informal meeting to map out your current situation, your employment experience, education and your thoughts about the future. You will discuss how Trygghetsstiftelsen can best support you in order to improve your chances on the job market and to find the quickest route into new employment. After the meeting you are entitled to help during a maximum of six days or twelve half days. You can have job coaching or participate in other jobseeker activities that would be of benefit to you. You can also get advice about setting up your own company if you wish. You can even sign up to Trygghetsstiftelsen's own recruitment service. The purpose of all these measures is to help you get quickly back onto the job market again.

If you still have no employment six months after your fixed-term contract expired, you are welcome to attend a follow-up meeting.

Paid Leave

In order to help you find new employment as quickly as possible you have the right to paid leave from work in order to attend the meeting with Trygghetsstiftelsen's advisor. This applies during the final month of your employment.

Occupational Health Benefits

You have the right to occupational health benefits right up until the date your contract expires. After this date you are still entitled to use up any benefits that your employer had already paid for.

Timeframe According to the 'Avtal om omställning' Agreement

For those who have had fixed-term employment, the timeframe in which the benefits described here apply is four years from and including the day after the contract expired.

Please go to tsn.se for more information or contact us on 08-613 14 00.

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