

Curriculum Vitae

Kirsty Marie Bourret, B.HSc. (midwifery), PhD

Personal Data

Birth Date: October 25th, 1977 (Kapusking Ontario)
Citizenship Canadian

Education

PhD

School of Rural and Northern Health Laurentian University, Sudbury, ON (2020)
Thesis: Strategies that enable midwife-led abortion care in the Kinshasa and Kongo Central provinces of the Democratic Republic of Congo: a positive deviance study. (Supervisors: Dr Sylvie Larocque, Dr Amélie Hien)

MH.Sc.

Joint Centre for Bioethics, Graduate Department of Public Health Sciences University of Toronto, Toronto, ON, (2011), professional program.

BH.Sc. (cum laude)

Profession Sage-femme, École de profession sages-femmes, Université Laurentienne, Sudbury, ON (2006)

BSc (Hons summa cum laude)

Women's Health, Women's Studies, University of Wisconsin, Madison WI, 2002

Current status

Forte post-doctoral fellowship, Karolinska Institute, Sweden (September 2021-)

Adjunct Researcher, Post-doctoral fellowship, McMaster Midwifery Research Centre, McMaster University (March 2021 -)

Chair, Ontario Midwifery Research Group, Association of Ontario Midwives, Canada (2021-

Technical Expert, Canadian Association of Midwives (CAM) and UNFPA, Juba, South Sudan. Strengthening Midwifery Services (SMS) Project, South Sudan (September 2018 -)

Technical Advisor, Canadian Association of Midwives (CAM), Kinshasa Democratic Republic of Congo (April 2017 -)

Consultant, Université de Québec à Trois-Rivières (UQTR) and UNFPA for the project : Saj-fanm pou fanm (July 2021-

Professional Organizations

Academics without borders (2019-)
 Canadian Abortion Providers Support (2019-)
 Canadian Coalition for Global Health Research (2017-2020)
 Société Congolaise de la Pratique Sage-Femme (2017-)
 College of midwives of Ontario (2006-)
 Association of Ontario midwives (2002-)
 Canadian association of midwives (2002-)
 Society of obstetricians and gynaecologists of Canada (2008-2020)
 Registered Midwife of Nunavut (2010-2012)

Employment History**Academia**

2021-	Sessional Instructor, School of Midwifery, McMaster University, Canada
2017-2021	Lecturer (Francophone Tenure-track), École de profession sage-femme, Université Laurentienne, Canada
2010-2012 2013-2017	Sessional Instructor, École de profession sage-femme, Université Laurentienne, Canada
2008-2010	Lecturer (Francophone Tenure-Track), École de profession sage-femme, Université Laurentienne
2006-2008	Sessional Instructor, École de profession sage-femme, Université Laurentienne

Professional

2014-2017	Registered midwife, Thunder Bay Ontario
2013-2014	Hospital Director & Administrator, Maison de Naissance Torbeck, Haiti
2013-2014	Site Coordinator PEPFAR, PMTCT (HIV/syphilis), Maison de Naissance, Torbeck, Haiti
2012-2013	Program Manager, Maternal and Child Health Program, Save the Children, Haiti
2011-2014	Maternal and child health consultant, Haiti
2009-2011	Registered midwife, Rankin Inlet and Cambridge Bay, NU
2006-2009	Registered Midwife, Sudbury ON

Scholarly and Professional Activities

Journal Referee

BMJ open (2020)
Faculty of Health Sciences e-journal, Laurentian University (2018-2021)

Internal/External Grant Reviews

Canadian Association of Midwives Conference, external peer-reviewer, Canadian Association of Midwives (2019, 2020)
Ontario Midwifery Conference, Member of Ontario Midwifery Research Group, Association of Ontario Midwives (2019, 2020)
Midwifery Research Grants, Chair of Ontario Midwifery Research Group, Association of Ontario Midwives (2019, 2020, 2021)
Faculty of Health Sciences Research Conference, peer-reviewer of research-based abstracts, Laurentian University (2018-2021)

Training/Certifications

Fundamentals of fetal health surveillance instructors' course perinatal services of BC & UBC Midwifery (2017)

Advanced labour skills and risk management (ALARM) Society of Obstetricians and Gynecologists of Canada (2017)

Neonatal resuscitation care provider advanced, Canadian pediatrics society (2017)

CPR health care provider Red Cross (2017)

TCSPH Core Research Ethics Certificate (2018)

Tri-Council policy statement: ethical conduct for research involving humans (2018)

Basic Security in the Field/Advanced Security in the Field, United Nations Department of Safety and Security (2018, 2019)

Medivac training for midwives, Kivalliq medivac team, Rankin Inlet Nunavut (2008)

Areas of Interest

Sexual, reproductive, maternal, newborn and child rights and health
Integration of midwifery-led comprehensive abortion care into health systems
Civil society and midwifery associations in Caribbean and Sub-Saharan Africa
Organizational Capacity Building in Caribbean and Sub-Saharan Africa
Health systems and health policy
Mixed methods research
Positive Deviant Approach

Honours

Ontario Graduate Scholarship, School of Graduate Studies, Laurentian University (2019)

Leadership Roles

Workshop and Training Facilitated

- Bourret K. Research capacity building for midwives. University of Trois Rivières at Québec, UNFPA, Haiti (July 2021 -)
- Bourret K. Research capacity building for Société Congolaise de la Pratique Sage-femme; Kinshasa, Democratic Republic of Congo (March 2019)
- Bourret K., Beverly O'Brien & Ferdinand Nsengimina. Research Capacity Building Training for Midwifery Program Tutors/Educators. Strengthening Midwifery Services (SMS) Project, South Sudan. Juba, South Sudan. Twelve-day training (September 2018)
- Bourret K. et Milan M, MD. Atelier pour la formation des superviseurs sages-femmes pour le suivi et évaluation des sages-femmes formées en soins obstétricaux et néonatales d'urgences (SONU). Ministère de la Santé et Société Congolaise de la Pratique Sage-Femme ; avril 2018 ; Kinshasa République Démocratique du Congo.
- Bourret K. Atelier de Restitution : État des lieux, évaluation et plan de redressement visant l'amélioration de la formation pratique de la sage-femme en RDC. Présentation pour le Ministère de la Santé et Ministère de l'Enseignement Supérieure, République Démocratique du Congo et partenaires pour la Société Congolaise de la Pratique Sage-Femme ; mars 2018 ; Kinshasa République Démocratique du Congo.
- Bourret K. (Directrice de formation). Formation des formateurs des soins obstétricaux et néonatales d'urgences (SONU). Ministère de la Santé et Société Congolaise de la Pratique Sage-Femme ; septembre 2017 ; Kinshasa République Démocratique du Congo. Formation 10 jours.
- Bourret K. Atelier de Restitution: État des lieux et plan de renforcement des capacités visant l'amélioration des pratiques cliniques des sages-femmes dans les 7 structures de santé pour la ville/province de Kinshasa. Présentation pour le Ministère de la Santé République Démocratique du Congo et partenaires; 2017; Kinshasa République Démocratique du Congo.
- Bourret K. Case presentation for morbidity and mortality rounds, presented to the department of Midwifery and Obstetrics; 2015; Thunder Bay regional health sciences centre, Thunder Bay Ontario.
- Bourret K. Application du partogramme pour le suivi du travail et l'accouchement. Maison de Naissance, Haïti.

Lifetime Research Funding

Peer-reviewed Grants as Principal Investigator

1. **Bourret K**, Klingberg Allvin M. A health systems approach to evaluating the impact of midwifery-led person-centered comprehensive abortion care in the Democratic Republic of Congo: A mixed method and quasi experimental evaluation, Forte International Postdoctoral Award, SEK 2 500 000 (2021-2023).
2. Mattison CA, **Bourret K**. Building sustainable midwifery associations: Application of an evidence-informed framework for midwifery professional association strengthening Mitacs Accelerate Grant, \$120,000 (2021-2022).
3. Mattison CA, **Bourret K**. Evaluating skill transfer between Canadian and global south midwifery associations. Mitacs Accelerate Grant, \$75,000 (2019-2020).
4. **Bourret K**. Laurentian University Research Fund, Strategies that enable midwife-led post abortion care in the Kinshasa and Kongo Central provinces of the Democratic Republic of Congo: a positive deviance study 5,000\$ (2019-2021).
5. **Bourret K**. New faculty research fund, Strategies that enable midwife-led post abortion care in the Kinshasa and Kongo Central provinces of the Democratic Republic of Congo: a positive deviance study 8,000\$ (2017-2020).

Lifetime Publications

Peer-reviewed journal articles

1. Mattison C, **Bourret K**, Hebert E, *et al* Health systems factors impacting the integration of midwifery: an evidence-informed framework on strengthening midwifery associations *BMJ Global Health* 2021;6:e004850. <https://gh.bmj.com/content/6/6/e004850>
2. Bourret K, Larocque S, Hien A. *et al*. Midwives' integration of post abortion manual vacuum aspiration in the Democratic Republic of Congo: a mixed methods case study & positive deviance assessment. *BMC Health Serv Res* **20**, 1136(2020). <https://doi.org/10.1186/s12913-020-05997-7>
3. James S, O'Brien B, **Bourret K**, Kango N, Gafvels K, Paradis-Pastori J. Meeting the needs of Nunavut families: a community-based midwifery education program. Rural and remote health (2010). <http://www.rrh.org.au/articles/showarticlenew.asp?ArticleID=1355>

Non-peer reviewed published articles

1. Mattison CA, **Bourret K**. Investing in midwifery associations to strengthen midwifery services to improve sexual and reproductive health and rights: A policy brief for grounding the Feminist International Assistance Policy in evidence. Hamilton: McMaster Midwifery Research Centre, 27 November 2020. <https://mmrc.mcmaster.ca/research-topics/project/2021/03/08/investing-in-midwifery-associations-to-improve-sexual-and-reproductive-health-and-rights>

2. Bennett S, Bourret K, Meuser A. Clinical Practice Guideline no. 14: Vaginal Birth after Previous Caesarean Section. Association of Ontario Midwives, 2011.
<https://www.ontariomidwives.ca/sites/default/files/CPG%20full%20guidelines/CPG-Vaginal-birth-after-caesarean-section-PUB.pdf>

Reports

1. Bourret K. Rapport de l'évaluation pour la formation pratique de la sage-femme : République Démocratique du Congo: Kinshasa et Kongo Central. République Démocratique du Congo : Ministère de la Santé et Ministère de l'Enseignement Supérieure RDC et Société Congolaise de la Pratique Sage-femme (2018).
2. Bourret K et Milan M. MD. Plan de Suivi et Évaluation pour la formation des Soins Obstétricaux et Néonataux d'Urgence pour l'Utilisation de la sage-femme. Société Congolaise de la Pratique Sage-femme et Ministère de la Santé de la République Démocratique du Congo (2018).
3. Bourret K et Milan M. MD. Guide de Suivi et Évaluation pour la formation des Soins Obstétricaux et Néonataux d'Urgence pour l'Utilisation de la sage-femme. Société Congolaise de la Pratique Sage-femme et Ministère de la Santé de la République Démocratique du Congo (2017).
4. Bourret K et Kabeya A. Manuel de Prestataires pour la formation des Soins Obstétricaux et Néonataux d'Urgence pour l'Utilisation de la sage-femme. Société Congolaise de la Pratique Sage-femme et Ministère de la Santé de la République Démocratique du Congo ; (2017).
5. Bourret K et Kabeya A. Guide de facilitateur pour la formation des Soins Obstétricaux et Néonataux d'Urgence pour l'Utilisation de la sage-femme. Société Congolaise de la Pratique Sage-femme et Ministère de la Santé de la République Démocratique du Congo (2017)
6. Bourret K. Rapport finale de la formation des formateurs sages-femmes en soins obstétricaux et néonataux d'urgences (SONU) pour le projet Sages-Femmes Sauvent les Vies et la Ministère de la Santé Publique, République Démocratique du Congo; du 3 au 9 septembre 2017, Kinshasa République Démocratique du Congo (2017).
7. Bourret K. États de Lieux pour le renforcement des capacités visant l'amélioration des pratiques cliniques des sages-femmes dans les structures de santé pour la ville/province de Kinshasa. Rapport et Recommandations pour l'harmonisation des modules SONU pour formateur et prestataire sage-femme en RDC. République Démocratique du Congo : Ministère de la Santé RDC et Société Congolaise de la Pratique Sage-femme (2017).
8. Bourret K. Save the Children Léogane Health and Nutrition Program. PMCH Final Report. CIDA (2013).

9. Bourret K. Léogane Health and Nutrition Program. PMCH Project Site Monitoring Report & Recommendations. Save the Children (2012).
10. Bourret K. Léogane Health and Nutrition Program. PMCH Project Partner Needs for Technical Assistance and Capacity Building. Save the Children (2012).

Presentations

Invited

1. C Mattison, K Bourret. Investing in midwifery associations to strengthen midwifery services to improve sexual and reproductive health and rights: A policy brief for grounding the Feminist International Assistance Policy in evidence. Global Affairs Canada, 2021.
2. K Bourret, S Prasad, D Bruer. Access to Full-Spectrum Reproductive Health and Rights: Contraception, Abortion and Post-Abortion Care in Service Delivery. 1st Canadian Association of Midwives Symposium on Global Health, Gatineau, Quebec, keynote presentation (2018) <https://cam-global.org/2018/09/13/symposium-panels/>
3. K Bourret. Atelier de Validation : Évaluation, recommandations et plan de redressement visant l'amélioration de la formation pratique de la sage-femme en RDC. Atelier pour le Ministère de la Santé et Ministère de l'Enseignement Supérieure, République Démocratique du Congo et partenaires pour la Société Congolaise de la Pratique Sage-Femme ; avril 2018 ; Kinshasa République Démocratique du Congo. (2018).
4. K Bourret. Atelier de Validation: Révision et validation des trois outils de formation pour la formation des soins obstétricaux et néonatales d'urgences pour l'utilisation des sages-femmes. Ministère de la Santé République Démocratique du Congo et Société Congolaise de la Pratique Sage-Femme; Kinshasa République Démocratique du Congo. (2017)
5. Bourret K. Ensemble pour la santé des femmes et enfants de la région de Léogane. Une collaboration pour le développement des capacités des services materno-infantile, santé de la reproduction et activités nutritionnelles. Présentation pour l'UCS et partenaires de Save the Children; Léogane, Haïti (2012)

Peer-reviewed conference oral presentations

1. Bourret K, Mattison C et al. Building strong midwifery associations: a collaboration of midwifery associations in Canada and Globally. Canadian Association of Midwives' Knovember, Montreal, Quebec, Canada, (2021).
2. Mattison C, Bourret K, Hébert E, Robinson J, Darling L. Knovember. Canadian Association of Midwives' Global: Building the evidence for best practices in midwifery skills transfer and reciprocal midwifery association strengthening. Canadian Association of Midwives' Knovember, Montreal, Quebec, Canada, (2020).

3. Kabeya A, Rimroy M, Bourret K. Midwives Save Lives – Results and best practices from the MSL Project. November. Canadian Association of Midwives' November, Montreal, Quebec, Canada, (2020)
4. Bourret K. Strategies that enable midwife-led abortion care in the Kinshasa and Kongo Central provinces of the Democratic Republic of Congo: a positive deviance study. 18th annual conference Canadian Association of Midwives, Halifax, Nova Scotia (2019)
5. Mattison C et Bourret K. A practical workshop on developing evidence-based frameworks for evaluating global projects in low- and middle-income countries. Canadian Conference on Global Health, Ottawa, Ontario (2019)
6. A Kabeya SF et K Bourret, MHS. Soins obstétricaux et Néonataux D'urgence en RDC. De l'état de lieux à l'impact de la formation sur les aptitudes et compétences des sages-femmes congolaises, 17e conférence annuelle de l'Association canadienne des sages-femmes, Gatineau, Quebec (2018). https://canadianmidwives.org/wp-content/uploads/2018/10/ACSF-Programme2018_AN-v9-WEB.pdf
7. A Kabeya SF et K Bourret, MHS. Soins obstétricaux et Néonataux D'urgence en RDC. De l'état de lieux à l'impact de la formation sur les aptitudes et compétences des sages-femmes congolaises, 17th Annual Canadian Association of Midwives Conference, Gatineau, Quebec (2018). https://canadianmidwives.org/wp-content/uploads/2018/10/ACSF-Programme2018_AN-v9-WEB.pdf
8. M Davidson, I Domkan, B Lam, K Bourret, E Tessier. Suivi, évaluation et apprentissage dans des projets visant le renforcement du système de santé en contexte fragile. Canadian Global Health Conference, Toronto, Canada (2018)
9. K Bourret, A Kabeya, L Perron, M Diallo. From theory to Practice: participatory approaches to capacity development-recent successful experiences in reproductive health projects in central and West Africa/ De la théorie à la pratique: approches participatives dans le développement des capacités - expériences récentes réussies dans des projets de santé reproductive en Afrique Centrale et l'ouest. Canadian global health conference, Ottawa, Ontario (2017) http://www.csih.org/sites/default/files/uploads/ccgh_final_program_oct26.pdf

Poster presentations

1. P Alexandre et K Bourret. Cultural Safety, Midwifery Care and Health Outcomes of Black Mothers. Racialized Maternal Health Conference. Toronto Ontario <http://rmhconference.com/presentations.html> (2019)
2. S Boyko, R Langer, S Hoy, K Bourret. Plain Language 101: writing research consent forms that participants can understand. Canadian Association of Research Ethics Board Annual General meeting and conference. Winnipeg, Manitoba (2019)
3. K Bourret, A Kabeya, S Larocque, A Hien. La Formation Continue de la Sage-Femme et L'intégration de la Prise en Charge de L'aspiration Manuelle Intra-Utérine (AMIU) pour les Soins Post-Avortements: République Démocratique du Congo. Proposition de Recherche

Collaborative. 17th Annual Canadian Association of Midwives Conference, Gatineau, Quebec (2018). https://canadianmidwives.org/wp-content/uploads/2018/10/ACSF-Programme2018_AN-v9-WEB.pdf

4. K Bourret. Midwives and post-abortion care in the Democratic Republic of Congo: doctoral research proposal. Faculty of Health Sciences annual conference Sudbury, Ontario (2017)

Presentations non-peer reviewed

1. K Bourret. Doctoral for PHD defense. Midwives' Integration of Post-Abortion Manual Vacuum Aspiration in the Democratic Republic of Congo. External Examination Committee. School Rural and Northern Health, Laurentian University (2020).
2. K Bourret. Defense for Candidacy. Strategies That Enable Midwife-Led Post-Abortion Care in The Kinshasa And Kongo Central Provinces of The Democratic Republic of Congo: A Positive Deviance Study. External Examination Committee. School of Rural and Northern Health, Laurentian University (2019)
3. S Larocque et K Bourret. Strategies That Enable Midwife-Led Post-Abortion Care in The Kinshasa And Kongo Central Provinces of The Democratic Republic of Congo: A Positive Deviance Study. ECHO research rounds, Laurentian University, Sudbury, Ontario (2019)
4. K Bourret. Oral comprehensive examinations for external examination committee. School of Rural and Northern Health, Laurentian University. (2018)

Published Abstracts

1. K Bourret, A Kabeya, L Perron, M Diallo. From theory to Practice: participatory approaches to capacity development-recent successful experiences in reproductive health projects in central and West Africa/ De la théorie à la pratique: approches participatives dans le développement des capacités - expériences récentes réussies dans des projets de santé reproductive en Afrique Centrale et l'ouest. Canadian global health conference, Ottawa, Ontario (2017) http://www.csih.org/sites/default/files/uploads/ccgh_final_program_oct26.pdf

Academic administrative contributions

Laurentian University Research Ethics Board (LUREB), Board member (francophone) (2018-2020)
Faculty of Health appeals roster, committee member (2018-2020)
Faculty of health conference organizing committee (2018-2020)
Midwifery program consortium online exam adhoc working group (2019-2020)
Consortium of Midwifery Education Programs of Ontario, Curriculum Committee: site lead for Laurentian University (2019-)
School of Midwifery Admissions Committee: Application reviewer (2017, 2018, 2019)
Selection Committee Faculty of Health Excellence Awards (Governance, Research and Excellence) (2017)

Service roles

Laurentian University Midwifery Students of Colour Association. Faculty member (2018-2020)

Parliamentary reception for Strengthening Midwifery Services (SMS) Project, South Sudan, Canadian Association of Midwives Ottawa, ON (2018)

Parliamentary reception for the Midwives Saves Lives project (MSL), Canadian Association of Midwives Ottawa, ON (2018)

Involvement in public and non-profit community activities

Kirsty Bourret : travelling her trade/ l'art de faire voyager sa profession. Laurentian alumni magazine (<https://readymag.com/u72212332/705672/9/>) (2017)

Fundraiser for Hurricane Matthew and re-construction project for Petit Trou de Nippes Haiti (2016)

Northern Ontario couple in Haiti to help with Hurricane Matthew relief. CBC; Up North with Jason Turnbull (<http://www.cbc.ca/listen/shows/up-north/segment/10668692>) (2016)

School presentations for Agnew Johnston, Projet de l'eau et agriculture Petit Trou de Nippes Haïti. Thunder Bay (2016)

Co-director. Chimèn lopital chimèn verite (The road to the hospital is the right way). Educational film.

Funded by Light a Candle Foundation and global birthing home foundation; 2013 Larnage, Haiti. (2013)

Founder of Haitian Planting for Change, charitable organization (2012)

Languages

French and English: excellent oral and written skills in both languages.

Haitian Creole: excellent comprehension, advanced oral and written skills.

Lingala (Congolese): beginning comprehension and oral