



Department of Clinical Neuroscience
Division of Insurance Medicine

Curriculum Vitae – Victoria Mailen Arfuch Prezioso, born in 1987

Education

(February 2021 – Current) **Master in Health Economics and Pharmacoeconomics** (60 credits) Pompeu Fabra University (UPF). Barcelona School of Management

(September 2015 - June 2017) **Master in Public Health**. Track: Research (120 credits) Pompeu Fabra University Barcelona (UPF)

(March 2008 – June 2014) **Bachelor of Music Therapy. BSc (Hons)** Buenos Aires University (UBA)

Current position

2020 - Doctoral (PhD) Student

Universitat Autònoma de Barcelona (UAB)

Fundació Institut Universitari per a la recerca a l'Atenció Primària de Salut Jordi Gol i Gurina (IDIAPJGol). Unitat de Suport a la Recerca Terres de l'Ebre.

Affiliated as a visiting PhD student at Karolinska Institutet, Department of Neuroscience, Division of Insurance Medicine. Supervisor: Emilie Friberg.

Thesis project: *“Cost-utility and qualitative aspects of the implementation of a complex intervention for the treatment of patients with fibromyalgia: a randomized clinical trial in primary care.”* Main supervisor: Anna Berenguera Ossó, PhD. aberenguera@idiapjgol.org

Earlier positions

(June to December 2019) Research assistant

- Project: *“Observational study of the Tuberculosis infection in children Visiting Friends and Relatives (VFR) travelling to countries with elevated Tuberculosis incidence”*. Funding: Instituto de Salud Carlos III (ISCIII PI16/00314).

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(April 2019) **Research consultant**

- Project: *"Effectiveness evaluation of the exposure therapy to the mirror by virtual reality in patients with eating disorders in Barcelona city: a randomized controlled clinical trial"*.

PI: Dr. Marta Ferrer García. martaferreg@ub.edu

- Project: *"Stress control in infertility: evaluation of the effectiveness evaluation of a clinical hypnosis intervention in women receiving in vitro fertilization treatment (VFT) in Barcelona city"*.

PI: Dr. Dámaris Muñoz. damarismunoz@ub.edu

(April 2016 to August 2018) **Public health research internship**

Association of Mental Health Center Les Corts. Research Unit.

- Project: *"EspaiJove.net"- a school-based intervention program to promote mental health and eradicating stigma in adolescent population: study protocol for a cluster randomised controlled trial"*. Funding: Carlos III Health Institute (file: PI15/01613). 2012-2018.

PI: Lluís Lalucat. lluis.lalucat@chmcorts.com

(April 2016 to June 2017) **Public health research internship**

Hospital del Mar Institute of Medical Research (IMIM). Research Unit in Health Services (USSR).

- Project: *"UNIVERSITY AND MENTAL HEALTH. Predictive Models of Ideation and Suicidal Behavior in Spanish University Students. Project of systematic reviews"*. Funding: Carlos III Health Institute (file: PI13/00343). 2014-2016.

PI: Dr. Jordi Alonso Caballero, jalonso@imim.es

Publications

1. **Arfuch VM**, Aguilar Martín C, Berenguera A, Caballol Angelats R, Carrasco-Querol N, González Serra G, Sancho Sol MC, Fusté Anguera I, Fernández Sáez J, Gonçalves AQ, Casajuana M. Cost-utility analysis of a multicomponent intervention for fibromyalgia syndrome in primary care versus usual clinical practice: study protocol for an economic evaluation of a randomised control trial. *BMJ Open*. 2021 Feb 5;11(2):e043562. doi: 10.1136/bmjopen-2020-043562. PMID: 33550259; PMCID: PMC7925862.
2. **Arfuch VM**, Caballol Angelats R, Aguilar Martín C, Carrasco-Querol N, Sancho Sol MC, González Serra G, Fusté Anguera I, Gonçalves AQ, Berenguera A. Assessing the benefits on quality of life of a multicomponent intervention for fibromyalgia syndrome in primary care: patients' and health professionals' appraisals: a qualitative study protocol. *BMJ Open*. 2020 Nov 11;10(11):e039873. doi: 10.1136/bmjopen-2020-039873. PMID: 33177139; PMCID: PMC7661363.



3. Castellvi, P.*; Casañas, R.*; **Arfuch, V.-M.**; Gil Moreno, J.J.; Torres Torres, M.; García-Forero, C.; Ruiz-Castañeda, D.; Alonso, J.; Lalucat-Jo, L. “Development and Validation of the EspaiJove.net Mental Health Literacy (EMHL) Test for Spanish Adolescents”. *Int. J. Environ. Res. Public Health* 2020, 17(1):72. <https://doi.org/10.3390/ijerph17010072>
4. Casañas, R.*, **Arfuch, V.***, Castellví, P. et al. “EspaiJove.net”- a school-based intervention programme to promote mental health and eradicate stigma in the adolescent population: study protocol for a cluster randomised controlled trial.” *BMC Public Health* 2018, 18, 939. <https://doi.org/10.1186/s12889-018-5855-1>

* Main authors, equal contribution.

Grants in my own name

Mobility Grant - 16th Call for a Stay at State or Foreign Research Centers and 4^a Call for complementary financial aid for stays and training in foreign research centers. (April 2021) IDIAP Jordi Gol Institute, Spain.

Talent Scholarship - Online Master in Health Economics and Pharmacoeconomics (2020). Pompeu Fabra University (UPF). Barcelona School of Management.

PhD scholarship - Predoctoral contracts for training in health research (PFIS) awarded on 2019 call. File FI19/00254. Instituto de Salud Carlos III. Ministry of Science, Innovation and Universities, Spain. https://sede.isciii.gob.es/anuncements_detail.jsp?pub=20837