

Coaching approach for Leaders

September 26-27, 2024

About the program

Coaching approach for Leaders is a program designed for managers, providing practical tools to contribute to your personal growth, and especially that of your team and organization. Through theory and coaching practice, you will acquire tools to enhance your team members' ability to act independently by taking more responsibility for their actions and opportunities in the workplace. A coaching leadership approach results in self-motivated employees who have a better rapport with you as their leader, the workplace, and their tasks. Following the program, you will feel empowered to coach and lead your team in their daily activities, promoting autonomy and fostering a trusting work environment.

Content

DAY 1

- Introduction to Coaching & Coaching Leadership
- Active Listening
- Powerful Questions
- The coaching methodology
- Coaching Practice

DAY 2

- Building trust
- Deepening the coaching techniques
- Change Management
- SCARF - Understanding Social Needs
- Coaching Practice
- Personal Action Plan

Dates

September 26-27, 2024, from 9:00 AM to 4:30 PM

Price (Karolinska Institutet)

10 000 SEK + moms/VAT (per person)

Location

KC Group, Birkagatan 16 A, 113 39 Stockholm

Registration & Inquiries

Contact magnus@kc-group.se

Instructor

Lars Sjödin, with over 20 years of experience as an educator and consultant for individuals, groups, and organizations. Currently, he primarily focuses on leadership and group development, values work, coaching, and education. He is frequently engaged as a coach and facilitator of comprehensive educational programs. As a leadership consultant, he operates in both private companies and the public sector. He has also trained many of Sweden's leading sports figures in performance psychology and leadership.